### **TURMERIC UBTAN-991**

Turmeric ubtan-991 is warm, spicy, floral fragrance specially developed for soap.

This fragrance is beautiful combination of warm, fresh, spicy, floral, sweet, powdery, musky, woody note of turmeric, rose, jasmine, almond, sandalwood, musk, vanilla, cedar wood & patchouli.

The warm, spicy, floral aroma of this fragrance lingers on the skin also graceful powdery aroma of sandalwood and turmeric oil provides soothing, relaxing and warm effect.

Uses: - This fragrance uses for soap.

Recommended dose: - For soap is 1-1.2%

## **SANDAL ROSE HONEY-834**

Sandal Rose Honey-834 is sweet, floral, woody fragrance specially developed for soap.

This fragrance is beautiful combination of floral, fresh, musky, woody, creamy powdery, sweet note. This fragrance is open up with fresh note of orange, lemon. Middle note are rose, jasmine, geranium, honey and base note are sandal wood, patchouli, vanilla & musk.

During use this fragrance lingers around you with fresh, floral, powdery scent.

**Uses:** - This fragrance uses for soap. **Recommended dose: -** For soap is 1-1.2%



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### Volume No: M 138

Scientific Name: Silybum Marianum Kingdom: Plantae **Order:** Asterales Genus: Silybum Species: S. Marianum Family: Asteraceae Part of plant used: Herb

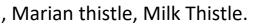
Synonyms: Silybum marianum, Silymarin, Marian thistle, Milk Thistle.

**Uses:** Healthy Cholesterol, Treatment of Chronic Liver, Liver Health, Digestive support, Menopause Management, Act as an antioxidant, May help ease inflammation and promote cell repair, liver cancer, Antioxidant & Anti – Inflammatory.

**Phytochemicals:** Silymarin is a polyphenolic flavonoid derived from milk thistle (Silybum marianum). It consists of three phytochemicals, silybin, silidianin, and silicristin.







### LITERATURE AND PROPERTIES:

- Milk thistle is a common name for Silvbum marianum, a flowering plant in the Asteraceae family. It also has many other common names, including Marian thistle, Mary thistle, Saint Mary's thistle and Scotch thistle.
- The primary active constituent in milk thistle is silymarin. Milk thistle is an herbal remedy derived from the milk thistle plant, also known as Silybum marianum. It is extracted from the milk thistle seeds and available as a standardized extract.
- Silymarin is a standardised extract from the seeds and fruits of the milk thistle Silybum marianum and contains, as its main constituents, the flavonolignans silybin, isosilybin, silydianin and silychristin.
- Milk thistle (Silybum marianum) known as 'doodh patra' in Hindi is a flowering herb that provides you with a host of therapeutic properties.
- Milk-Thistle Herb or Silybum marianum is herbal medicine which is useful in several disorders.
- Silymarin concentrates in kidney cells, where it aids in repairing and regeneration by increasing protein and nucleic acid synthesis.
- Milk thistle is commonly used in Traditional Chinese Medicine (TCM), primarily for the purpose of relieving toxic materials and clearing heat.
- Milk thistle extract is commonly taken to maintain liver functions.
- Additional uses of milk thistle extract include support for the digestive system, maintenance of healthy cholesterol levels and management of menopausal symptoms.
- Milk thistle has been used in traditional medicine since antiquity, primarily to treat liver dysfunction.
- $\odot$  The herb was also recommended to treat serpent bites and for carrying off bile. It's regularly used as a complementary therapy by people who have liver damage due to conditions like alcoholic liver disease, non-alcoholic fatty liver disease, hepatitis and even liver cancer.

- liver diseases.
- Alzheimer's and Parkinson's disease for over two thousand years.
- postmenopausal women.
- developing heart disease.
- Studies in patients with liver disease have shown that silymarin increases Superoxide dismutase (SOD) activity of lymphocytes and erythrocytes, as well as the expression of SOD in lymphocytes.
- increasing protein and nucleic acid synthesis.
- anti-inflammatory properties that could help resolve inflammation in chondrocytes.
- pathogenic microorganisms.
- neutralizing harmful free radicals that result from normal metabolic processes and from the breakdown of toxic substances.
- in some circumstances, even destroy cancer cells.
- Dry Extract 70-80% Silymarin by UV Method.

### • We at Konark, provide

Dry Extract of Silymarin that can be useful in Formulating Ayurvedic and Nutraceutical formulation.

# Herb Insigh

### • Milk thistle extract is commonly used as a complementary therapy for people with

• Milk thistle has been used as a traditional remedy for neurological conditions like

• Milk thistle may be a useful therapy for preventing or delaying bone loss in

• By lowering LDL "bad" cholesterol levels, milk thistle may lower the chance of

• Silymarin concentrates in kidney cells, where it aids in repairing and regeneration by

• Silymarin, an extract from the ripe seeds of Silybum marianum, possesses

• Silymarin has been reported to show antimicrobial effects against various

• Silymarin's protective effect is due to the flavonoid complex silybin, which acts as a

• It may also make chemotherapy work more effectively against certain cancers and,

### **Resveratrol**

- Resveratrol is a class of plant micronutrients called polyphenols. Polyphenols are organic chemicals that plants make to survive drought or attack from disease. These compounds are found in plant foods and have a variety of health benefits.
- Resveratrol is found in Peanuts, Berries, Red wine and Grapes in higher amounts.
- Resveratrol has antioxidant and anti-inflammatory properties to protect you against diseases like cancer, diabetes, and Alzheimer's disease.
- The anti-inflammatory effects of resveratrol make it a good remedy for arthritis, and skin inflammation.
- Also, resveratrol has antibacterial and antifungal properties that help treat infections of the urinary and digestive tracts.

### **BENEFITS**



### **Resveratrol supplements lower blood pressure**

Resveratrol supplements may help lower blood pressure by increasing the production of nitric oxide.



### It has a positive effect on blood fats

- Resveratrol seems to influence cholesterol levels by reducing the effect of an enzyme that controls cholesterol production.
- As an antioxidant, it also may decrease the oxidation of "bad" LDL cholesterol.

### It protects the brain

A potent antioxidant and anti-inflammatory compound, resveratrol shows promise in protecting brain cells from damage.



### It increases insulin sensitivity

- from turning glucose into sorbitol, a sugar alcohol.
- When too much sorbitol builds up in people with diabetes, it can create have for people with diabetes:

Protects against oxidative stress

Activated AMPK keeps blood sugar levels low.





### **Resveratrol suppresses cancer cells**

- spreading.
- cancer cells to inhibit their growth.

### **Applications:**



# Herb Insigh

It increases insulin sensitivity and prevents complications from diabetes. One explanation for how resveratrol works is that it may stop a certain enzyme

cell-damaging oxidative stress. Here are a few more benefits resveratrol may

• Decreases inflammation

• Activates AMPK: This is a protein that helps the body metabolize glucose.

Resveratrol helps relieve joint pain by preventing cartilage from breaking down.

• It inhibits cancer cell growth: It prevents cancer cells from replicating and

• **Resveratrol changes gene expression:** It can change the gene expression in

• It has hormonal effects: Resveratrol interferes with the way certain hormones are expressed, which keeps hormone-dependent cancers from spreading.



### **CORDYCEPS**

Scientific Name: Cordyceps Militaris Family: Cordycipitaceae Kingdom: Fungus

### LITERATURE AND PROPERTIES:

Cordyceps militaris is a species of fungus, it was originally described by Carl Linnaeus in 1753 as Clavaria militaris.

The mushroom has a long, finger-like body and is usually a brown or orangish-brown color.

It has been found at high altitudes and it is also known as "the scarlet caterpillar" due to its vibrant color and slender appearance.

It is a well-known edible medicinal mushroom in East Asia that contains abundant and diverse bioactive compounds.

It have beneficial properties such as anti-cancer, anti-inflammatory, anti-aging, antioxidant, anti-fungal, anti-diabetic and anti-asthmatic etc.

It might improve immunity by stimulating cells and specific chemicals in the immune system.

It can help to increase mental clarity, banish brain fog and improve productivity.

It provides rich moisture to the skin because of its anti-inflammatory property.

It also possesses antioxidants, which can help to fight free radicals known for their role in contributing to signs of aging.

It improved kidney function and control the blood levels of urinal protein and creatinine.

It increases the body production of the molecule adenosine triphosphate (ATP), which is essential for delivering energy to the muscles.

It can improve exercise performance and contributed to overall wellness in Athletes.

### **BENEFITS:**





Treatment of people with chronic kidney disease (CKD)

It is used to treat coughs i.e. it helps to moisten the throat



It is used for improving athletic performance

It used to boost immune system

### **Applications:**







## Herb Insight



It is used to reduce fatigue and cholesterol



Lowers sugar level



Improves brain function

